ANCIENT GREEKS IN THE LAND OF DIONYSOS:
EXCAVATION EMPORION PISTIROS, BULGARIA
Course ID: ARCH 365R
July 24–August 20, 2023

DIRECTORS:

Dr. Angela Pencheva, Visiting professor at the Department of Archaeology and Center for Vocational and Continuing Education, New Bulgarian University, Sofia; Balkan Heritage Program Director, angelapbh@gmail.com
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OVERVIEW
Up to the present day the site of Pistiros (located near the modern Bulgarian town of Septemvri) remains the only one identified example for Greek emporion (trade center) in the heart of Thrace. It presents important evidence not only for intensive trade, but also for the coexistence of the Greek and Thracian cultures in the late Classical and early Hellenistic age.

In 1988, Prof. M. Domaradzki first recorded the ruins of an ancient Greek emporion, located on the left bank of the Maritsa River (the ancient Hebros River) between the towns of Vetren and Septemvri in the Thracic valley. Excavations began at the site in 1990, when the team found a stone inscription (known as the “Vetren inscription”) that identified the site as the Ancient Greek emporion Pistiros.

Pistiros thrived between the 5th and 3rd century BCE when merchants from the Greek coastal cities of Maroneia, Thasos, and Apollonia lived there and traded with the local Thracians. These trade relations were sanctioned by the authority of the Odrysian kings, who ruled the wealthiest and most influential Thracian kingdom at that time.

Many items were traded at the emporion, but it is best known as a major metallurgical center. Pistiros harbor was used to export both metal ore and finished metal products from Thrace to Greece. Artifacts of diverse origins attest to the international network feeding Pistiros and include Attic red-figure and black-gloss pottery, amphorae, and coins of Greek Poleis and different Odrysian kings.
History of Research
Annual excavations at Pistiros have taken place for 33 years. Over these years the eastern fortification wall was cleared, revealing a gate, towers, and a bastion. Streets were uncovered, paved with large stone plates. Buildings were excavated, revealing solid stone foundations. These were accompanied with an efficient drainage system that drained the entire site. A site museum was recently created, and most finds are processed, stored and displayed there.

Since 2013 the students of BHFS field school called “Ancient Greeks in the Land of Dionysos” have been actively participating in the excavations. The course is a cooperative effort between Balkan Heritage Foundation (BHF), the Archaeological Museum "Prof. M. Domaradzki”, Septemvri, Bulgaria, the Pistiros Excavation Team from the National Institute of Archaeology and Museum at the Bulgarian Academy of Sciences, and the Institute for Field Research.

Current archaeological research aims to address three significant questions. First, how did the many ethnic groups (Greeks, Thracians and Celts) interact and what was the nature of their co-existence? Second, what were the ancient geographical routes of the trade at Pistiros and what was the nature of the local production of metal and pottery at the site? Third, what are the characteristics of the different building phases at the site?

The goal for the 2022 season is to continue the excavations of the southeastern sector of the site, next to the fortification wall where two chronological phases of the existence of the settlement have been identified: 1) dug in houses with mud brick walls, dated from the end of 5th to the beginning of the 4th BCE; and 2) buildings with different construction, dated from the end of 4th to the beginning of the 3rd BCE. Our goal is to gather more information about this area’s function and chronology so we may better address our research questions.

<table>
<thead>
<tr>
<th>ACADEMIC CREDIT UNITS &amp; TRANSCRIPTS</th>
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<tbody>
<tr>
<td><strong>Credit Units:</strong> Attending students will be awarded 8 semester credit units (equivalent to 12 quarter credit units) through our academic partner, Connecticut College. Connecticut College is a highly ranked liberal arts institution with a deep commitment to undergraduate education. Students will receive a letter grade for attending this field school (see assessment, below). This field school provides a minimum of 360 hours of experiential education. Students are encouraged to discuss the transferability of credit units with faculty and registrars at their home institution prior to attending this field school.</td>
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<tr>
<td><strong>Transcripts:</strong> An official copy of transcripts will be mailed to the permanent address listed by students on their online application. One more transcript may be sent to the student’s home institution at no cost. Additional transcripts may be ordered at any time through the National Student Clearinghouse: <a href="http://bit.ly/2hvurkl">http://bit.ly/2hvurkl</a>.</td>
</tr>
</tbody>
</table>

PREREQUISITES
None. This is hands-on, experiential learning and students will study on-site how to conduct archaeological research. Archaeology involves physical work and exposure to the elements and thus requires a measure of understanding that this will not be the typical university learning environment. You will have to work outdoors and will get sweaty and tired. Students are required to come equipped with sufficient excitement and adequate understanding that archaeology requires real, hard work, in the sun and wind, on your feet, and with your trowel. The work requires patience, discipline, and attention to detail.
Pistiros Excavation Project will host students and professionals of archaeology from all over the world. With such an international team it is vital that all students respect the IFR code of conduct, each other’s cultures, local organizational, social, and cultural rules and laws.

**DISCLAIMER – PLEASE READ CAREFULLY**

Our primary concern is with education. Traveling and conducting field research involve risk. Students interested in participating in IFR programs must weigh whether the potential risk is worth the value of education provided. While risk is inherent in everything we do, we do not take risk lightly. The IFR engages in intensive review of each field school location and programming prior to approval. Once a program is accepted, the IFR reviews each program annually to make sure it still complies with all our standards and policies, including those pertaining to student safety.

The IFR does not provide trip or travel cancellation insurance. We encourage students to explore such insurance on their own as it may be purchased at affordable prices. [Insuremytrip.com](http://Insuremytrip.com) or [Travelguard.com](http://Travelguard.com) are possible sites where field school participants may explore travel cancellation insurance quotes and policies. If you do purchase such insurance, make sure the policy covers the cost of both airfare and tuition.

We do our best to follow a schedule of activities, methods, training, and programming as outlined in this syllabus. However, this schedule can be easily disrupted by any number of unforeseen circumstances, including revised decisions by local permitting agencies, political unrest, and changes in the weather. While this schedule represents the best of the director(s) intentions, we—students and staff alike—need to be adaptable and tolerant of necessary alterations. This adaptability is an intrinsic part of all field research.

Participation in the project is not recommended for individuals with solar allergies or other special illnesses that might be exacerbated during the intensive outdoor activities. The average summer temperatures in the area are 25-38°C (77 - 100° F) or higher. All participants should bring clothes and toiletries suitable for hot and sunny weather but should also prepare for possible rainy, windy and chilly days. Participants are also expected to prepare for the dig by reading at least the BHFS handbook that will be sent by email before the beginning of the project. Participants will use the tools and equipment available at the site and are not expected to bring any additional equipment.

If you have any medical concerns, please consult with your doctor. For all other concerns, please consult with the program director and staff.

**COURSE OBJECTIVES**

The course has a balanced structure combining lectures and field work. The practical portion of the field school is focused on excavation techniques, field documentation practices and finds processing. During the lectures, students are introduced to the history and archaeology of Thrace in the Classical and Hellenistic age covering different aspects, such as: architecture, burial practices, epigraphy, metallurgy etc.

1. To prepare students to perform basic excavation tasks: the use of tools, digging techniques, sieving, scraping, etc.
2. To prepare students to perform basic field documentation tasks: the use of measuring and documentation tools and devices, creating written (context sheets, field journals, finds labels, etc.), photo, and graphic documentation (drawing of stratigraphical situations, architectural structures, contexts, etc.).
3. To introduce students to basic finds processing procedures: cleaning, selecting and arranging archaeological finds, technical pottery drawing, the organization of finds storage, etc.
4. To introduce students to contemporary 3D recording techniques: Reflectance Transformation Imaging. (with focus on documentation of archaeological artifacts).
5. To introduce students to basic archaeological conservation and restoration techniques and procedures.
6. To introduce students to Thracian history and civilization as well as the range of materials and cultures of Thrace and the Mediterranean.
7. To introduce students to contemporary standards of work on an archaeological site.
8. To introduce students to the health and safety requirements at an archaeological site.

LEARNING OUTCOMES

Students participating in this field school will gain basic knowledge of excavation techniques, field documentation practices and finds processing, leaving them better prepared for any future archaeological fieldwork projects. They will have certain knowledge in the history and archaeology of Thrace in the Late Iron Age and basic training in RTI. During the outlined activities participants will learn skills transferable outside of excavations, such as analytical thinking, teamwork, the ability to meet deadlines and adapt to outside conditions, which will aid them when seeking employment in any work field.

ASSESSMENT

Students will be graded based on their work as follows.

<table>
<thead>
<tr>
<th>% of Grade</th>
<th>Activity</th>
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<tbody>
<tr>
<td>20%</td>
<td>Exam (test)</td>
</tr>
<tr>
<td>10%</td>
<td>Excavating (use of tools, digging, scraping, brushing, cleaning, sieving, etc.)</td>
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<tr>
<td>20%</td>
<td>Keeping a field journal and filling in context sheet and labels</td>
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<tr>
<td>10%</td>
<td>Scale drawing (ground plan/ cross section/ specific archaeological structure or feature); Measuring and leveling</td>
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<tr>
<td>10%</td>
<td>Reflectance Transformation Imaging (RTI)</td>
</tr>
<tr>
<td>10%</td>
<td>Finds processing: washing and sorting, labeling and registration</td>
</tr>
<tr>
<td>10%</td>
<td>Artifact drawing (pottery)</td>
</tr>
<tr>
<td>10%</td>
<td>Presentation of the field work results</td>
</tr>
</tbody>
</table>

ATTENDANCE POLICY

The required minimum attendance for the successful completion of the field school is 85% of the course hours. Any significant tardy arrival or early departure from an activity will be calculated as an absence from the activity. An acceptable number of absences for which a medical or reasonable excuse is provided will not be taken into account if the student catches up on the field school study plan through additional readings or personal consultations and tutorials with program staff members.
TRAVEL, ROOM & BOARD, & SAFETY LOGISTICS

COVID-19 Disclaimer:
The logistics outlined below for this IFR field school were written according to the most current and accurate information available to IFR. We recognize that the best practices for preventing the transmission of the coronavirus may change in the coming months. The IFR will be revisiting program-specific plans periodically throughout the enrollment period and will update program details according to new developments, new travel protocols, and updates to local policies. Updates to program-specific protocols will be communicated to participants at the pre-program orientation.

An IFR field school is designed to provide safe, positive, and constructive experiences for participating communities, students, and researchers. We are committed to protocols and practices that support the health and well-being of all involved in our field school projects, including the members of the community in which these projects take place. The IFR COVID-19 Policies have been developed with Dr. Kurt Eifling, the IFR Medical Director. Dr. Eifling is a Fellow of the Academy of Wilderness Medicine and a practicing physician (https://ifrglobal.org/about/staff/).

We strongly recommend reviewing IFR’s COVID-19 policies before enrolling in a program. All IFR students sign an agreement (Student COVID-19 Prevention Agreement) to uphold and abide by all aspects of the IFR COVID-19 policy as published on the website (https://ifrglobal.org/ifr-covid-19-practices/) as well as any program-specific protocols. These practices are subject to change as health and risk management experts provide new recommendations and best practices.

PRIOR TO TRAVEL
IFR requires all students participating in IFR programs to be “up to date" with their COVID-19 vaccines, meaning they have completed a COVID-19 vaccine primary series AND received the most recent booster dose recommended by CDC, if eligible. For recommendations and eligibility for booster shots according to age and health status, please consult the CDC website.

On arrival at the Sofia International Airport, students will need to take a PCR test at the airport labs and then self-quarantine at a recommended airport hotel overnight. Students are self responsible for these costs — the PCR test and the hotel room— and should make a room reservation prior to travel. Please see below for more information.

VISA REQUIREMENTS
Citizens of EU, EEA, USA, Canada, Japan, Republic of Korea, Australia and New Zealand do not need a visa to visit Bulgaria for up to 90 days. Citizens of all other countries may need a visa. The Balkan Heritage Foundation can send an official invitation letter that should be used at the relevant embassy to secure a visa to the program. For more information visit the Balkan Heritage Foundation web site at http://www.bhfieldschool.org/information/visa-help and the links provided there.

Citizens of other countries are asked to check the embassy website page at their home country for specific visa requirements.
TRAVEL (TO AND DURING THE PROGRAM)

Due to ongoing uncertainties regarding the travel regulations related to COVID-19, IFR will assess the local conditions closer to the travel date (5-6 weeks prior to the program beginning) and will make Go/No Go decisions then. We urge you to participate in the mandatory orientation meeting when we will discuss the latest travel information and regulations. We also suggest you consider postponing the purchase of your airline ticket until after the program orientation.

Please frequently consult the website of the US Embassy in Bulgaria for the most up-to-date travel restrictions/protocols [https://bg.usembassy.gov/covid-19-information/](https://bg.usembassy.gov/covid-19-information/).

If a student is held at the border for health reasons, they should contact the program director or appointed staff member for their field school at the numbers provided in their orientation materials. On arrival at Sofia International Airport, students will need to take a PCR test at the airport labs (approx. cost 48-56 USD) and then self-quarantine at a recommended airport hotel overnight. The BHF recommends the [Best Western Premier Sofia Airport Hotel](https://www.whel.org/wheld/) **for the one night quarantine after arrival.** Students are responsible for these costs—the PCR test and the hotel room—and should make a room reservation prior to travel. All students with negative PCR test results will be picked up from the hotel by a shuttle and delivered to the project hotel [Villa Velis](https://www.velis.bg/en) in the village of Karabunar the next day. The project cost covers the shuttle price. Once at the project venue students and project staff will travel to and from the excavation site daily by shuttle (short 15 minute ride in each direction) that affords reasonable spacing of occupants. The wearing of face masks during travel is mandatory. Students are able to get general information, essential travel basics and tips concerning the project location and the country at [http://www.bhfieldschool.org/countries/bulgaria](http://www.bhfieldschool.org/countries/bulgaria) (for Bulgaria) and [http://www.bhfieldschool.org/project/PISexc](http://www.bhfieldschool.org/project/PISexc) (for the project / see the map on the bottom of project web site). All students will receive a travel info-sheet with specific travel details prior to departure.

If you missed your connection or your flight is delayed, please call, text or email the field school director / project staff immediately (email: bhfs.admissions@gmail.com). A local emergency mobile phone number will be provided to all enrolled students.

LOCAL PROTOCOLS, REGULATIONS, & EXPECTATIONS

Current Bulgarian entry requirements as per Health order of the Bulgarian Ministry of Health ([Order RD-01-49/28.01.2022](https://bg.usembassy.gov/covid-19-information/)) are in effect from February 01, 2022, through March 31, 2022. These requirements may change in the following months according to the COVID-19 situation in the country. For most up to date information please check the websites of the [Bulgarian Ministry of Health](https://bg.usembassy.gov/covid-19-information/) and the [US Embassy in Bulgaria](https://bg.usembassy.gov/covid-19-information/).

The program will not include activities that promote extra-contact with people outside of the team and project hotel. Interaction with the local community must be limited to situations where everyone can maintain the required 6-foot/2-meter physical distance, wear masks, and ideally be outside.

In case of a COVID-19 outbreak, Villa Velis has all the facilities to guarantee a complete isolation.

Interaction with the local community must be limited to situations where everyone is masked when indoors and/or can ideally be outside.

Safety and health orientation will take place at the beginning of the program. The town of Septemvri offers medical care, first aid, and pharmacies.
ACCOMMODATIONS
Accommodation will be in the Villa Velis Hotel at Karabunar, (https://www.villavelis.com/en/) in comfortable rooms with 2-3 beds, bathrooms with a shower, air-conditioning, and TV. The hotel has a small swimming pool and SPA, free of charge for the participants in the field school. Inexpensive laundry service and free Wi-Fi are provided in the hotel. The cleaning staff in the hotel will clean and disinfect the rooms & bathrooms and common spaces every day. In the beginning of the field school students will be introduced to the safety protocol for the hotel, the shuttle and the site upon arrival.

Karabunar is a small village: there are a small number of food & beverage shops, bars & taverns, a winery, and a Christian Orthodox church, St. John the Baptist. The closest supermarket, pharmacy, bank with ATM, and medical office are in the municipal town of Septemvri, 8 km away from Karabunar. The distance from the hotel to the site is app. 15 km/9.5 mi, and it takes an app. 15/20 min drive. Daily BHF shuttle service is arranged for the participants to bring them to the site and back. The site has electricity, there are portable toilets and running water.

Students must pay on their own for extra days and for single room accommodation as well as for extra meals, beverages, services, and products!
All participants in a field school, students and staff, will wear masks while indoors (i.e. during lectures, during labs, in shared residential spaces, etc.).

Regular hand washing will be a part of the project’s daily schedule.

Meals: Three meals (fresh, organic Bulgarian homemade food) per day are covered by the reimbursement payment. Meals usually take place in the hotel’s restaurant, except lunch packages during excursions. This field school can accommodate vegetarians, vegans, and individuals with lactose-intolerance. Kosher and gluten-free diets are impossible to accommodate in this location.

MANAGING COVID-19 CASES & OUTBREAKS
In case of COVID-19 case with mild symptoms the student will be quarantined for 10 days (together with his/hers roommate/s, if any) in their hotel room. He/she will receive food in the room. Their laundry will be processed separately. If this occurs near the end of the field school, the student/s will have to cover the hotel expenses for the quarantine for the period after the end of the field school. The closest intensive care unit is located in the town of Pazardjik (30-40 min from Karabunar).

COURSE SCHEDULE
The Field School schedule consists of four modules:

MODULE I - Theoretical module. Consists of three components (30 hours)
1. Lectures and instructions about field methods and practices.
2. Lectures about different aspects of the history and archaeology of Pistiros and the context of Thrace.
3. Lectures about the history and archaeology of the Balkans, Bulgaria and visited sites.

MODULE II – Practicum. Consists of three components (145 hours)
1. Field work, including the basic practices of excavation and archaeological records (110 hours).
2. Workshops dedicated to primary archaeological finds processing and documentation (15 hours).
3. Workshops for RTI: For interested students a one-week series of workshops will be available that will introduce students to new, computational photographic techniques at the Septemvri Museum.

The closest intensive care unit is located in the town of Pazardjik (30-40 min from Karabunar).
The workshops will concentrate on using these new techniques to reveal features that are difficult or impossible to see with the naked eye on finds in the collection, mainly excavated from Pistoiros. This workshop will be of interest to students interested in archaeological excavation, conservation, and museology. (20 hours).

**MODULE III** - Excursions accompanied by lectures, presentations, and behind-the-scenes visits to sites of historical/archaeological significance (approx. 15 hours), such as the ancient city of Plovdiv (Roman Theatre, the Roman Stadium, the archaeological museum, the Small Basilica, etc.), the Late Classical and Hellenistic Thracian tombs in the Valley of the Thracian kings (tombs of Kazanlak, Golyamata Kosmatka, Ostrusha), the Archaeological Museum of Kazanlak, and the Archaeological, Historical and Ethnographic museum of Panagyurishte.

**MODULE IV** – Homework (approx. 10 hours) will be assigned to all students, which will consist of editing and processing students’ field documentation (field journal, context sheets, drawings, photos, etc.) and preparing presentations and reports.

All IFR field school begins with safety orientation. This orientation includes proper behavior at the field area, proper clothing, local cultural sensitivities and sensibilities, potential fauna and flora hazards, review IFR harassment and discrimination policies and review of the student Code of Conduct.

<table>
<thead>
<tr>
<th>Date</th>
<th>Morning</th>
<th>Afternoon</th>
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</thead>
<tbody>
<tr>
<td>Day 1</td>
<td>Arrive by noon at Sofia Airport in Sofia, Bulgaria, conduct a COVID-19 PCR* test on arrival at the airport and get self-quarantined for the period before the pick-up, at the Best Western Premier Sofia Airport Hotel** (these rules may be changed. The BHFS will provide ongoing updates on COVID-19 rules and restrictions in Bulgaria to all enrolled students).</td>
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<tr>
<td>Day 2</td>
<td>All students with negative PCR test results will be picked up from the hotel by a shuttle to Villa Velis, Karabunar, Pazardžik district, Bulgaria.</td>
<td>Presentation of the Balkan Heritage Field School and collaborative universities &amp; institutions, the project and the participants. Ice-breakers. Sightseeing of Pistoiros and the Septemvri Archaeological Museum &quot;M. Domaradzki&quot;. 8.00 pm - 9.30 pm - Traditional Bulgarian Welcome Dinner.</td>
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<tr>
<td>Day 3</td>
<td>Field work Instructions: Hygiene, health and safety at the site. Use of Tools and Working Techniques</td>
<td><strong>Lecture:</strong> From the Field to Storage – review of basic methods for uncovering, “first aid”, consolidation in situ, cleaning, sorting out, labeling, documenting and storing of ceramic artifacts</td>
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<tr>
<td>Day</td>
<td>Activity</td>
<td>Lecture/Workshop</td>
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<tr>
<td>4</td>
<td>Field work</td>
<td>Lecture: Basic Timeline of the Thracian History</td>
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<tr>
<td>5</td>
<td>Field work</td>
<td>Workshop: Typology of Pottery from Plistiros (Late Classical and Hellenistic Period)</td>
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<tr>
<td>6</td>
<td>Field work</td>
<td>Lecture &amp; Workshop: Pottery Drawing, Part I</td>
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<tr>
<td>7</td>
<td><strong>Excursion:</strong> Guided visit to Plovdiv (the ancient city of Philippopolis)</td>
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<td>8</td>
<td>Field work</td>
<td>Workshop: Circulation of Ancient Coins in Plistiros</td>
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<tr>
<td>9</td>
<td>Field work</td>
<td>Lecture: Urbanization of Ancient Thrace</td>
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<td>10</td>
<td>Field work</td>
<td>Lecture: Archaeological finds and field documentation processing</td>
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<tr>
<td>11</td>
<td>Field work</td>
<td>Lecture: Epigraphic Monuments and Artifacts from Plistiros</td>
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<tr>
<td>12</td>
<td>Field work</td>
<td>Archaeological finds and field documentation processing</td>
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<tr>
<td>13</td>
<td><strong>Excursion:</strong> Visit to the Archaeological, Historical, and Ethnological Complex of Panagyurishte</td>
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<td>14</td>
<td><strong>Day off</strong></td>
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<tr>
<td>15</td>
<td>Field work</td>
<td>Lecture: Classical and Hellenistic Toreutic from Thrace</td>
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<tr>
<td>16</td>
<td>Field work</td>
<td>Workshop: Pottery Conservation, Part I</td>
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<tr>
<td>17</td>
<td>Field work</td>
<td>Workshop: Pottery Conservation, Part II</td>
</tr>
<tr>
<td>18</td>
<td>Field work</td>
<td>Workshop: Archaeological finds and field documentation processing</td>
</tr>
<tr>
<td>19</td>
<td>Field work</td>
<td>Lecture: Thracian Burial Customs and Sepulchral Architecture (5th-3rd century BCE)</td>
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<tr>
<td>20</td>
<td><strong>Excursion:</strong> Thracian Tombs in the Kazanlak Region (UNESCO World Heritage Site) and Starosel</td>
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<tr>
<td>21</td>
<td><strong>Day off</strong></td>
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<tr>
<td>22</td>
<td>Field Work</td>
<td>Workshop: Introduction to Technical Photography</td>
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<tr>
<td>Day 23</td>
<td>Field Work</td>
<td>Workshop: Introduction to Reflectance Transformation Imaging (Capture)</td>
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<tr>
<td>Day 24</td>
<td>Field Work</td>
<td>Workshop: Introduction to Reflectance Transformation Imaging (Capture)</td>
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<tr>
<td>Day 25</td>
<td>Field Work</td>
<td>Exam Workshop: Introduction to Reflectance Transformation Imaging (Processing)</td>
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<tr>
<td>Day 26</td>
<td>Field work</td>
<td>Workshop: Archaeological finds and field documentation processing</td>
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<tr>
<td>Day 27</td>
<td>Field work</td>
<td>Preparation of the Presentations of the Excavation’s results</td>
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<tr>
<td>Day 28</td>
<td>- Presentation of the Excavation’s results. Evaluation meeting and Conclusion</td>
<td>- Dinner and farewell party</td>
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<tr>
<td>Day 29</td>
<td>Departure</td>
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</table>

Course structure may be subject to change upon directors’ discretion.

A typical workday

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30-7:10</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:10-7:30</td>
<td>Travel to the site</td>
</tr>
<tr>
<td>7:30-8:00</td>
<td>Lecture on field archaeology’s methods and practices (at the site)</td>
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<tr>
<td>8:00-13:15</td>
<td>Field-training at the excavation site</td>
</tr>
<tr>
<td>13:15-13:30</td>
<td>Travel back to the hotel</td>
</tr>
<tr>
<td>13:30-17:00</td>
<td>Lunch and siesta</td>
</tr>
<tr>
<td>17:00-19:00</td>
<td>Lectures and workshops</td>
</tr>
<tr>
<td>20:00-21:00</td>
<td>Dinner</td>
</tr>
</tbody>
</table>

In case of rainy days, lectures and lab work will be performed.

EQUIPMENT LIST

- Work shoes (preferably closed shoes like sneakers or running shoes)
- An additional set of walking and hiking shoes
- Clothing suitable for outdoor activities (consider weather conditions from hot and sunny to rainy and chilly)
- Wide brim hat for field work
- A light raincoat for possible rainy and windy days is recommended
- Medication - It is not necessary to bring over-the-counter medicine from your country since you can buy all common types in Bulgaria (e.g. aspirin, anti-insecticides, sunscreen, etc.) It is recommended, however, that you bring any individual prescription medicines
- A converter for an EU type electricity wall-plug if needed
- A good attitude for work, fun, study, and discoveries
PRACTICAL INFORMATION

Bulgarian dialing code: +359
Time Difference (Summer time): GMT / UTC +2 hours (March through October)
Measure units: degree Celsius (°C), meter (m.), gram (gr.), liter (l)

Money/Banks/Credit Cards: The Bulgarian currency is the Bulgarian LEV (BGN). You cannot pay in Euros or other foreign currency, except in casinos and big hotels (where the exchange rate is really unfair)! Since 1997, the Bulgarian LEV has been pegged to the EURO at the exchange rate of 1 euro = 1.955 lev (usually sold for 1.94 lev). Bulgarian banks accept all credit cards and sometimes travellers’ cheques. Usually banks open at 8.30 – 9.00 am and close at 5.00-6.00 pm. They work from Monday to Friday. Shopping malls, supermarkets, and many shops in Sofia and/or bigger towns and resorts will also accept credit cards. This is not valid for smaller “domestic” shops throughout the country where the only way of payment is cash! You can see Bulgarian notes and coins in circulation at:
http://www.bnb.bg/NotesAndCoins/NACNotesCurrency/index.htm?toLang=_EN

Exchange of foreign currencies is possible not only at banks but also at numerous exchange offices. Most of them don’t collect a commission fee and have acceptable exchange rates (+/- 0.5-1,5% of the official rate) However, those located in shopping areas of big cities, resorts, railway stations, airports, etc., can overcharge you in varying amounts. Ask in advance how much money you will get!
ATMs are available all over the country and POS-terminals are in every bank office.

If you plan to use your credit/debit card in Bulgaria, please inform your bank of your intention before departure! Otherwise it is very possible that your bank will block your account/ card for security reasons when you try to use it abroad! Unblocking your card, when abroad, may cost you several phone calls and a lot of money.

Electricity

The electricity power in the country is stable at 220 - Volts A.C. (50 Hertz). Don’t forget to bring a voltage converter, if necessary!

Outlets in Bulgaria generally accept 1 type of plug: two round pins. If your appliance’s plug has a different shape, you will need a plug adapter.

Emergency

National emergency number is 112.

REQUIRED READINGS

Bouzek. J. – The outline of the chronology of Pistiros. – Studia Hercynia XVII/1, Pistiros V supplementum, Praega, 2013, 5-7
Grant J., S. Gorin and N. Fleming. The Archaeology Coursebook: an introduction to themes, sites, methods and skills. Routledge. 2008 p. 25-51; 81 – 192; 93-100; 114 – 119; 277 -281
Valeva J., Nankov J., Graninger D., A Companion to Ancient Thrace (Wiley – Blackwell, 2015); p. 3-75; 109 -136; 158-197; 229-243; 295 – 383;

RECOMMENDED READINGS
Drewett, P. L. - *Field Archaeology: An Introduction* (University College London, 1999)